

Norges Roforbund

Plan 2015/16

Activity	Place	When
Travel to Rio	Rio	28 sept-1 oct
Test week	Olympiatoppen	Week 44
Rio gathering all sports	Gardermoen	19-20 oct
Camp 1 - altitude	Sierra Nevada	21 oct-10 nov
Camp 2	Avis	30 nov-10 dec
Test week	Olympiatoppen	Week 2
Camp 3 - altitude	Seiser Alm	9-29 jan
Norwegians on Concept	Horten	6 feb
Camp 4 - <i>selections</i>	Avis	11 feb-24 feb
Test week	Olympiatoppen	Week 11
Camp 5	Avis	11 mar-24 mar
Camp 6	Avis	3-13 april
WC 1	Varese	15-17 april

Europeans	Brandenburg	6-8 may
FOCR	Luzern	22-25 may
WC 2	Luzern	27-29 may
WC 3	Poznan	17-19 jun
Camp 7 - altitude	Livigno	26 jun-16 jul
Olympic Games	Rio de Janerio	29 lul-15 aug
Together in Norway		Allways when not on camp