



2023 Asian Rowing Masters Coastal Regatta

Competition Regulations

I. Event Information

(1) Event Date: November 11th to 12th, 2023

(2) Venue: Tangdaowan Park, located in the Qingdao West Coast New Area (No. 674 Lijiang West Road, Huangdao District, Qingdao City, Shandong Province)

(3) Hosted by: Asian Rowing Federation

Organized by: Chinese Rowing Association

Qingdao Municipal Sports Bureau

Qingdao Xihai Coast New Area Administrative Committee

Qingdao Free Trade Zone Administrative Committee

II. Competition Events

Masters Categories (A/B/C/D Age Groups):

(1) 2.8km Race

Men's Single Sculls (CM1x)

Women's Single Sculls (CW1x)

Mixed Double Sculls (CMix2x)

(2) 6km Race (long-distance)

Men's Double Sculls (CM2x)

Women's Double Sculls (CW2x)

Mixed Coxed Quadruple Sculls (CMix4x+)

III. Eligibility

(1) Registration

1. Members of the Asian Rowing Federation and their affiliated clubs are eligible to participate. Club registrations should be made through their respective member associations or approved by their national association. There is no limit on the number of clubs a member association can register. The registration deadline is October 26, 2023, and there is no registration fee.

2. Competing athletes must be at least 27 years old.

3. Masters A (average age of rowers on the boat between 27 and 35 years)

Masters B (average age of rowers on the boat between 36 and 42 years)

Masters C (average age of rowers on the boat between 43 and 49 years)

Masters D (average age of rowers on the boat 50 years and above).

4. Coxswains have no age or gender restrictions.

(2) Athletes

1. Athletes can only represent one entity for registration and must provide valid identification during competition and training.

2. In case of disputes over athlete eligibility, the competition rules will be applied.

IV. Entry Method

(1) There is no limit on the number of boats that each participating entity can register, and each athlete is limited to participating in two events. Each team can register up to three substitute athletes.

(2) An athlete can only register for one long-distance event.

(3) Women must constitute at least 50% of mixed-gender crews.

(4) Coxswain weight must adhere to relevant rules outlined in the World Rowing competition rules.

(5) Each team is responsible for the health and water rescue capabilities of their registered athletes, who must be able to swim at least 200 meters.

(6) Each team must provide a copy of their team's personal accident insurance policy (with coverage not less than 300,000 CNY) for all team members at the time of registration.

Failure to provide this documentation will result in disqualification.

(7) All participating entities must compete in matching competition uniforms. The names of each athlete must be printed on the front of their uniforms, with specific requirements outlined in Annex 3.

(8) If a race event has only one registered boat, it will be canceled.

V. Competition Methods

(1) The competition will follow the latest competition rules of the World Rowing (WR) and the specific competition regulations of this event.

(2) This event will use a single final format, with all 2.8km and 6km races taking place on the water. The start and finish lines will be located on the water, as indicated in the race course diagram in Annex 2.

(3) This event will use shared boats and oars provided by the organizing committee. Boat and oar assignments will be determined by a drawing conducted by the organizing committee.

(4) All participating boats must register at the check-in/out location before going on the water and also report to the check-in/out location after getting on the water.

(5) Coxswains must be weighed 1-2 hours before the race.

(6) The maximum number of boats that can start simultaneously on the starting line is 12.

(7) To be ranked in the final standings, all athletes must follow the course as directed, rounding all turning marks in the correct direction. Athletes who do not complete the entire course as designated will not be ranked, and their race result will be recorded as Did Not Finish (DNF).

(8) In appropriate locations on the watercourse, penalty box will be placed. Athletes who violate the competition rules, regulations, and interfere with other competing boats or cause severe collisions will be penalized by the judges and must complete the penalty circuit before reaching the finish line.

(9) In cases of adverse weather conditions or other factors affecting athlete and official safety or race fairness, the President of Jury, in consultation with the Technical Director

and Organizing Committee, can make decisions to postpone, reschedule, cancel, or alter the course of the race.

VI. Rankings and Awards

(1) All participating athletes will receive a certificate of participation.

(2) To those finishing second in each event, there shall be awarded silver plated medals and diplomas unless there are less than three entries at the time of the draw, in which case only the gold medal shall be awarded. If a crew withdraws after the draw the silver medal shall still be awarded. To those finishing third in each event, there shall be awarded bronze medals and diplomas unless there are less than four entries at the time of the draw, in which case only the gold and silver medals shall be awarded. If a crew or crews withdraws after the draw the silver medal and bronze medal shall still be awarded.

(3) Awards are as follows:

- Single Sculls: 1st Place 1,000 CNY per team, 2nd Place 500 CNY per team, 3rd Place 300 CNY per team.

- Double Sculls: 1st Place 2,000 CNY per team, 2nd Place 1,000 CNY per team, 3rd Place 500 CNY per team.

- Coxed Quadruple Sculls: 1st Place 2,000 CNY per team, 2nd Place 1,000 CNY per team, 3rd Place 500 CNY per team.

VII. Registration and Check-In

(1) Registration

1. Participating teams must complete the registration according to the provided entry form and related attachments (contact the organizing committee for details) provided by the Asian Rowing Federation. All teams must complete registration by October 26, 2023, and send the entry form to the organizing committee's email: ziyu.fan@deepdive.org.cn, and also cc: the Asian Rowing Federation at office@arfrowing.com. Contact person at the organizing committee: Ziyu Fan, +86 15221788980 (also available on WhatsApp).

2. There is no registration fee for this event.

3. Three hours before the first team managers' meeting (draw), all participating teams

must provide final confirmation of their event participation and personnel list.

(2) Check-In

1. Check-In will take place on November 9-10, 2023.

2. On November 9th, from 13:30 to 17:00 in the afternoon, and November 10th, from 8:00 to 11:30 in the morning and 13:00 to 16:30 in the afternoon, an open training session will be available, participating teams must schedule their practice sessions in advance with the organizing committee by email: ziyu.fan@deepdive.org.cn. To ensure safety, all participating teams are required to attend the training. Teams should communicate with the organizing committee in advance to confirm their training time. During training, please follow the instructions of the organizing committee staff and the referee team.

3. Boats intended for training must be registered at the check-in location before going on the water. After getting on the water, teams should report to the check-in location to confirm that all crew members are on the water.

4. A team managers' meeting will be held from 17:00 to 18:00 on November 10th, and all team managers and core team members are required to attend promptly.

VIII. Technical Officials

International Technical Officials (ITO) will be selected by the Asian Rowing Federation, and National Technical Officials (NTO) will be selected by the Chinese Rowing Association. The list of officials will be provided separately. The organization committee will select on-water rescue personnel.

IX. Event Safety

In accordance with the World Rowing (WR) competition rules, participating boats must have life jackets on board during training and competition. Coxswains must wear life jackets throughout the event. Life jackets can be provided by the team or by the organizing committee.

The organizing committee will appoint a safety official responsible for event safety matters. The safety official should be on duty at least 2 days before the event venue opens. The organizing committee must select qualified on-water rescue personnel to ensure the safety

of training and competition.

X. Other

(1) For matters not covered by these regulations, the organizing committee will make additional announcements.

(2) The interpretation of these regulations belongs to the Asian Rowing Federation.

(3) Annexes

1. Competition and Training Schedule (Annexes 1)
2. Race Course Diagram (Annexes 2)
3. Competition Uniform Printing Requirements (Annexes 3)

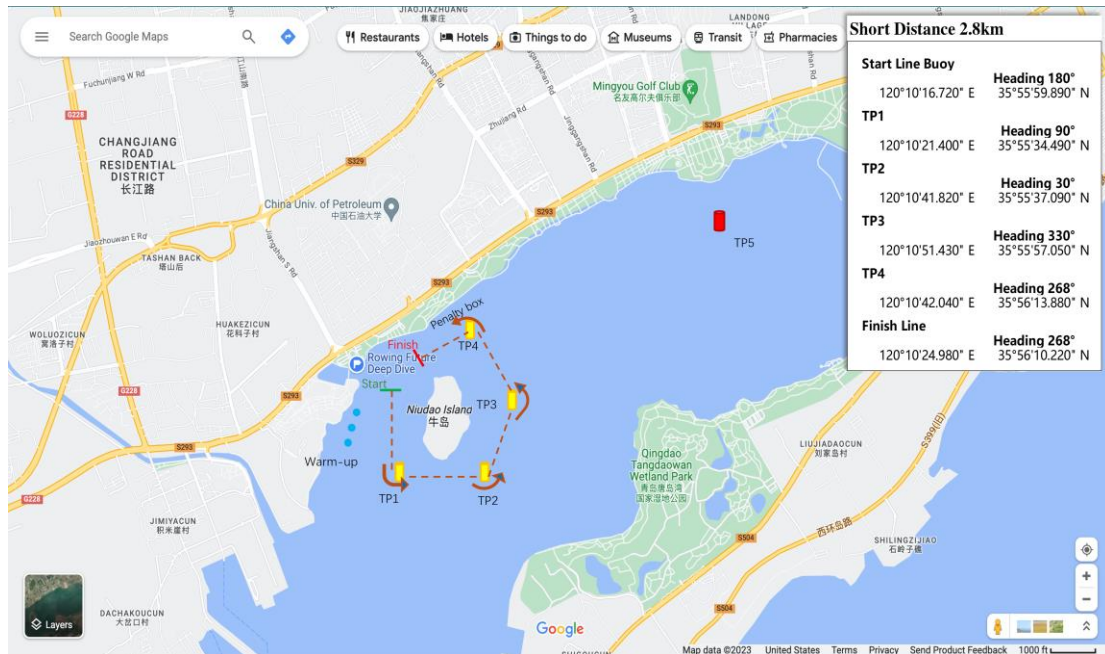
2023 Asian Rowing Masters Coastal Regatta Competition and Training Schedule

Provisional Table for 2023 Asian Rowing Masters Coastal Regatta										
Nov.9	Nov.10	Nov.11				Nov. 12				
		Race No.	Start Time	Event	Distance	Race No	Start Time	Event	Distance	
			08:30	Opening Ceremony						
ITO Arrival	08:00-11:30 Training	Race 1	09:00	MA-CM1x	2.8km	Race 16	09:00	MD-CW2x	6.0km	
		Race 2	09:10	MB-CM1x4x+	6.0km	Race 17	09:10	MA-CM1x4x+	6.0km	
NTO Arrival		Race 3	09:20	MA-CW2x	6.0km	Race 18	09:20	MC-CM1x	2.8km	
		Race 4	09:40	MA-CW1x	2.8km		09:30			
				09:50			09:40			
				10:00		Race 19	10:00	MC-CW1x	2.8km	
			Race 5	10:10	MD-CM1x4x+	6.0km		10:10		
			Race 6	10:20	MB-CM1x	2.8km	Race 20	10:20	MD-CM1x2x	2.8km
			Race 7	10:30	MA-CM2x	6.0km	Race 21	10:30	MC-CM1x4x+	6.0km
				10:40			10:40			
				10:50			10:50			
Registration of participating teams			Race 8	11:00	MB-CW1x	2.8km	Race 22	11:00	MC-CM1x2x	2.8km
				11:10			11:10			
				11:20			11:20			
				11:30			11:30			
		Race 9	11:40	MB-CW2x	6.0km	Race 23	11:40	MB-CM1x2x	2.8km	
		Race 10	11:50	MD-CW1x	2.8km		11:50			
			12:00			12:00				
			12:10			12:10				
			12:20			12:20				
		Race 11	12:30	MD-CM1x	2.8km	Race 24	12:30	MA-CM1x2x	2.8km	
			12:40			12:40				
			12:50			12:50				
		Race 12	13:00	MB-CM2x	6.0km		13:00	Victor Ceremony		
			13:10							
			13:20							
			13:30							
			13:40							
			13:50							
			14:00							
		Race 13	14:10	MC-CW2x	6.0km					
			14:20							
			14:30							
			14:40							
			14:50							
			15:00							
			15:10							
		Race 14	15:20	MC-CM2x	6.0km					
			15:30							
			15:40							
			15:50							
			16:00							
			16:10							
			16:20							
		Race 15	16:30	MD-CM2x	6.0km					
	17:00-18:00 Crew Captains' Meeting									

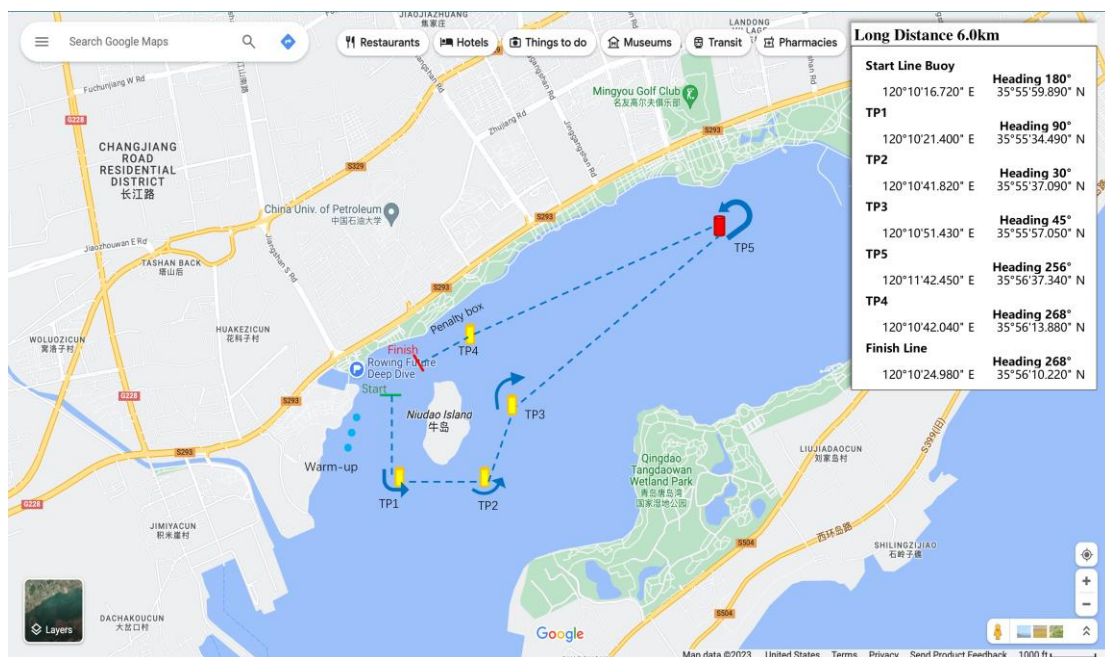
Note: The competition schedule is subject to change based on registration. Please refer to the schedule announced at the team managers' meeting for the most up-to-date information.

2023 Asian Rowing Masters Coastal Regatta

2.8km Race Course Diagram



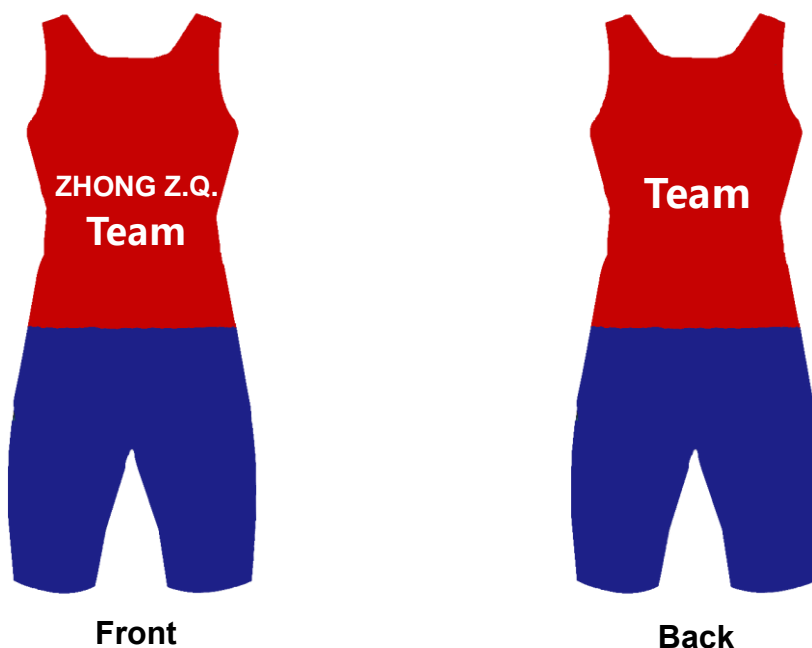
6.0km Race Course Diagram



2023 Asian Rowing Masters Coastal Regatta

Competition Uniform Printing Requirements

I. Printing Effects (As Shown Below)



II. Specific Requirements

(I) Front of the Competition Uniform

1. Athlete's Name:

- The athlete's name should be displayed with the family name in full and the given name represented by its initial letter followed by a period.

- Example: Zhong Zi Qing — ZHONG Z.Q., Wang Zhen — WANG Z.

2. Team Name:

- The team name should be placed below the athlete's name.

(II) Font and Color:

- Use either Chinese or Western Arial font.

- Font color should be white and bold.

(III) Font Height and Width:

1. Requirements for Athlete's Name:

- Font Height: 50mm

- Font Width: 120-150mm

- Centered alignment

- All characters in uppercase.

2. Requirements for Team Names:

- Font Height: 50mm
- Font Width: 60-100mm
- Centered alignment
- All characters in uppercase.

(IV) Back of the Competition Uniform:

- Only the team name should be printed on the back of the uniform.
- The printing height should follow the height of the first line of characters on the front of the uniform.
 - Font Height: 100mm
 - Font Width: 150mm
 - All characters in uppercase.

Front:



Back:

