





World Rowing Beach Sprint Qualifiers for World Beach Games 2023 and 2023 Asian Rowing Beach Sprint Championships

Coastal Race Module- Regional Technical Course for Coaches Jomtien Beach, Pattaya, Thailand

22th – 24th April 2023

BULLETIN NO. 1

INTRODUCTION

As part of its goals, World Rowing provides development opportunities on a regular basis for targeted Member Federations (MFs), who are identified as needing support for their crews, with the aim of supporting and enabling such MFs to participate in World Rowing key events, training and coaching education opportunities and championships.

As part of the World Rowing Development Programme, and in collaboration with the Asian Rowing Federation (ARF), Thailand National Olympic Committee (NOC), Thailand Rowing Federation (RCAT) and Olympic Solidarity (OS), a regional technical course for coaches (Coastal Rowing Module (CRM)) will be organised from 22-24 April 2023 prior to the World Rowing Beach Sprint Qualifiers for World Beach Games 2023 and 2023 Asian Rowing Beach Sprint Championships scheduled to take place in Jomtien Beach, Pattaya, Thailand from 25-30 April 2023.

<u>All Asian Rowing Federations</u> are invited to take part in this coach education and training opportunity and apply for Development support for a maximum of <u>1 female coach and 1 male coach per nation</u>.

At the discretion of World Rowing Development, Member Federations who have entered athletes to participate in the Championships and Member Federations identified as needing more support will be prioritised due to the limited number of spots open for this coaching course.

All Asian MFs are strongly encouraged to send crews to the World Rowing Beach Sprint Qualifiers for World Beach Games 2023 and 2023 Asian Rowing Beach Sprint Championships in order to develop their teams for future Beach Sprint events, including the Youth Olympic Games in 2026 and potential future Olympic Games qualifier events.

APPLICATION PROCESS - IMPORTANT

<u>Please read</u> this bulletin carefully and apply for support no later than <u>Tuesday 14th March 2023</u> to World Rowing Development Manager Inas Hussein, inas.hussein@worldrowing.com , using the <u>Application Form</u> attached.

As part of the technical course for coaches funded through Olympic Solidarity in collaboration with World Rowing, THA NOC and RCAT, there is support available for 1 female coach, and 1 male coach per MF with arrival on 21 April and accommodation and full board for a maximum of 4 nights per person (21-22-23-24 April) including airport pick up/drop off.

International travel and any extra costs to the 4 nights full board accommodation is each team's responsibility.

ACCOMMODATION & HOTEL

Course Participants and World Rowing Experts will be accommodated at **D Varee Jomtien Hotel**, which is located at a walking distance from the regatta venue.

Beyond funded applicants-days, for extra nights and persons for the course days, prices are:

- 70 USD in double rooms;
- 100 USD in single rooms.

Rates are per person/per night (this includes accommodation, meals and local transportation). This should be booked directly with the OC.

INFORMATION ON VISAS

As per the OC instructions, MFs are kindly requested to contact directly the Thai Embassy located in their respective country <u>as</u> <u>early as possible</u> for updated information. OC and RCAT will also send the list of participants who are involved in the events to







the Thai Consular Department for your convenience, nevertheless you must also contact the Embassy or Consulate directly yourself as usual. Do not hesitate to contact the OC for further inquires. Please email your requests to <u>2023arfbeachsprint@gmail.com</u>;

COVID REGULATIONS

The COVID-19 situation and all preventive measures may change at any time depending on the circumstances determined by Government policy. Any updated information will be circulated to all members for their further action.

COURSE TIMELINE

Arrival	April 21 st , 2023
Coach Education and Training:	April 22 nd – 24 ^{th,} 2023
Training Days	April 25 th – 27 ^{th,} 2023
Championships	April 28 th – 30 ^{th,} 2023
Departure	May 1 ^{st,} 2023

Safety and Health of the Rowers

It is a priority for World Rowing to preserve the health and safety of the athletes and coaches. Please read the World Rowing Statutes, Rules of Racing and kindly acknowledge Appendix S10, Bye-law to article 57 of the rules (**World Rowing Commitment Form**) <u>2021 World Rowing Rule Book - EN - World Rowing</u>.

Rowers may only compete at the World Rowing Championships if they have submitted a signed commitment form. Each Team official must have submitted a commitment form before accreditation is issued.

Swimming ability

The ability to swim and stay afloat is essential for participants in water sports, such as rowing. The risk of tipping over or falling into the water in a rowboat can be dangerous if athletes are unable to stay afloat, and coaches need to be prepared.

Each coach taking part in the development programme at the World Rowing Championships must have a basic swimming ability, including being able to swim 50 m and keep their head above water unassisted for three minutes.

It is recommended that members of the federation carefully read the guidelines of the British federation on swimming competitions found in section 3.6 of RowSafe, available at the link below:

https://www.britishrowing.org/wp-content/uploads/2018/10/Row-Safe-April-2018.pdf

Insurance & Liability

The participants are responsible for insurance costs of equipment and persons. The Organising Committee declines all liabilities for all kinds of damage in the area of the regatta. Participants are solely responsible for themselves and the material used. The OC is not responsible for damages that may occur in Thailand.

Each Member Federation shall ensure that it has adequate and appropriate insurance cover in place for each of its rowers, coaches and accompanying team officials (including delegates) for at least the duration of the event and the period of travel to and from. We refer to Rule 15 – insurance on the WR rule book for "adequate and appropriate insurance cover". <u>FISA-rule-book-EN-2022.pdf (d2cx26qpfwuhvu.cloudfront.net)</u>

It is mandatory that all participants have medical and incident insurance abroad, including Covid-19 coverage.

Safeguarding & Wellbeing

World Rowing believes that it is a fundamental right of all individuals involved with World Rowing to be able to participate in a non-violent, safe and respectful environment.

World Rowing acknowledges its duty of care in this regard and is committed to creating and supporting an environment and a culture free from harassment and abuse. The welfare of all individuals involved with World Rowing is paramount. Behavior and actions that constitute harassment and abuse will not be tolerated.







All forms of harassment and abuse constitute a violation of the World Rowing Code of Ethics, World Rowing Safeguarding Policy and the International Olympic Committee (IOC) Code of Ethics.

All MFs participating at World Rowing sanctioned events and the World Rowing development programme must ensure that their delegations (including officials, coaches and athletes) respect and follow the World Rowing Safeguarding Policy. <u>Safeguarding - World Rowing</u>

World Rowing Development Team